

**Alabama Optometric Association Ophthalmic Procedures Course
January 26-29, 2023 • Embassy Suites • Hoover, Alabama**

THURSDAY, JANUARY 26, 2023

1:00 – 2:00 pm Intro to Optometric Surgery and Ophthalmic Surgical Instruments
Dr. Castillo

2:00 – 3:00 pm Review of Surgical Anatomy of the Face
Dr. Castillo

3:00 – 4:00 pm Oculofacial Surgical Asepsis
Dr. Castillo

4:00 – 5:00 pm Review of Eyelid Anatomy and Eyelid Lesions
Dr. Lighthizer

5:00 – 5:30 pm Dinner Provided

5:30 – 6:30 pm Office-based Local Anesthesia
Dr. Castillo

6:30 – 7:30 pm Radio Frequency Surgery in Optometric Practice
Dr. Lighthizer

7:30 – 8:30 pm Introduction to Oculofacial Biopsy
Dr. Castillo

FRIDAY, JANUARY 27, 2023

8:00 – 9:00 am Chalazion Management
Dr. Lighthizer

9:00 – Noon Video Grand Rounds and Surgical Concepts
Drs. Lighthizer and Castillo

Noon – 1:00 Lunch Provided

1:00 – 2:00 pm Intro to Suturing
Dr. Castillo

2:00 – 6:00 pm Suture Techniques Lab
Drs. Castillo, Lighthizer, Miller and Penisten

Lab Rotations
Injection Techniques
Drs. Miller and Penisten

Radiosurgical Techniques
Dr. Lighthizer

Oculofacial Biopsy
Dr. Castillo

SATURDAY, JANUARY 28, 2023

8:00 – 9:00 am Laser Physics, Hazards and Safety
Dr. Penisten

9:00 – 10:00 am Laser Tissue Interactions
Dr. Lighthizer

10:00 – Noon Clinical Workshops: Intro to Therapeutic Lasers
Drs. Lighthizer, Castillo, Miller and Penisten

Noon – 1:00 pm Gonioscopy: How to Interpret What You are Seeing
Dr. Penisten

1:00 – 2:00 pm Lunch Provided

2:00 – 4:00 pm Laser Therapy for the Open Angle Glaucomas: ALT & SLT
Dr. Lighthizer

4:00 – 5:00 pm Laser Therapy in Narrow Angles/Angle Closure: LPI and ALPI
Dr. Miller

5:00 – 6:00 pm YAG Laser Posterior Capsulotomy
Dr. Lighthizer

6:00 – 7:00 pm Managing Potential Laser Complications
Dr. Castillo

7:00 – 8:00 pm Medicolegal Aspects of Anterior Segment Laser Procedures:
Panel Discussion
Drs. Castillo, Lighthizer, Miller and Penisten

SUNDAY, JANUARY 29, 2023

7:30 – 11:30 am Lab Rotations
YAG Capsulotomy
Dr. Castillo

Laser Peripheral Iridotomy
Dr. Miller

Gonioscopy and Laser Lenses
Dr. Penisten

Laser Trabeculoplasty: ALT & SLT
Dr. Lighthizer

11:30 – 1:00 pm Review and Final Exam
Dr. Lighthizer